

I have read and understand all of the terms and conditions contained within the Race Release and Waiver Form. I understand and accept all of the risks involved with the Running Through Traffick 5K Run/Walk. (One release must be signed for each runner.)

Print Name of Participant: _____

Signature of Participant: _____ **Date:** _____

(or Legal Guardian if participant is under age 18)

Race Release and Waiver Form

In consideration of my (or if the participant is a minor, the minor's) entry and/or participation in the RUNNING THROUGH TRAFFICK 5K RUN/WALK and associated events, I do hereby release, discharge, hold harmless, acquit, and promise not to sue Tabor College, Set Free of McPherson, its agents, employees, race officials, sponsors, and volunteers from any and all claims of damage, causes of action, suit, costs, charges, claims, demands and liabilities of whatever kind, name, or nature in any manner arising out of my (or if I am signing as parent or legal guardian of a minor, the minor's) participation or involvement in said race and associated events. This release extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. This release is intended to cover all non-fatal or fatal injuries and illnesses of any kind or nature which may be sustained or suffered from any cause whatsoever connected or arising out of the participation in, or involvement with, the RUNNING THROUGH TRAFFICK 5K RUN/WALK and associated events.

I, the undersigned, know that the RUNNING THROUGH TRAFFICK 5K RUN/WALK carries the risk of personal injury. I know that there are natural and man-made obstacles and hazards, surfaces, and environmental conditions and risks, which in combination with my actions or other's actions, can cause severe or even fatal injury. I also know that there will be traffic on the course route, and assume the risk of running in traffic. I attest and verify I have full knowledge of the risks involved in such events.

I also agree that I, and not the race officials, volunteers, Tabor College, Set Free of McPherson, sponsors or others associated with the event, am responsible for my (or if I am signing as the legal guardian of a minor, the minor's safety) while I (or the minor) participate or train for these events.

Further, I agree that if the race is canceled or postponed, I am responsible for any costs I have incurred to attend the race, including travel expenses.

I hereby grant full permission for Tabor College or its designated agents to use any photographs, videotapes, recordings, or any other record of these events for any purpose without compensation.